

V. V. Institute of Pharmaceutical Sciences

Seshadri Rao Knowledge Village, Gudlavalleru-521356.

Name of the Program: "INTERPERSONAL DEVELOPMENT SKILLS"

Date of the Program: 20-11-2018

Resource Person Details: Dr. M. Vijaya Lakshmi, Dept of English. GEC



V. V. Institute of Pharmaceutical Sciences organized aprogram on "Communication Skills" for II B. Pharm Students on 20-11-2018 by Dr.M. Vijaya Lakshmi, Associate Professor, Dept of English, Gudlavalleru Engineering College, the main goal of this program is to enhance student's knowledge on Fear can prevent you from growing and progressing. If you are afraid of public speaking, take a class or join a group that helps people become better public speakers. If you are afraid of taking risks, find a mentor who can help you make good decisions and build your confidence.

Reading can expand knowledge and vocabulary and keep you informed. It can also stimulate your mind and can improve your critical thinking skills. Try reading at least one educational or motivational article a day or a book a month. Whether you do it yourself or sign up for a class, learn a new skill or topic. You might, for instance, take courses to learn another language, a new software program or how to write creatively. Consider watching a webinar on professional development topics such as entrepreneurship or social media marketing.

By interacting with many people, you can learn new ideas and understand how to communicate and work with different personality types. You can also meet people and develop relationships that might help you in the futureand self-explanatory parts with good communication skills are major ideas of this session about students from II B. Pharm participated and the feedback form was collected, the students found it informative and used for improving their communication skills.

The Management & Dr. A. Lakshmana Rao Principal of V. V. Institute of pharmaceutical sciences expressed gratitude for sharing her expertise with students.